

SMS Opt-In Policy

Effective date: May 8, 2026

Stay Informed with Important Updates

By providing your phone number, you consent to receive appointment reminders, test result notifications, confirmations, rescheduling options, and cancellations and other important updates from Sherman Abrams Labs.

How You Opt-In

You can opt-in to receive SMS communications through the following methods:

- ✓ In Person – During your visit, our staff will ask for your consent and record your approval.
- ✓ Over the Phone – When scheduling an appointment, you can provide verbal consent to receive text messages.
- ✓ Via Online Form – If applicable, you may also consent by checking the opt-in box on our appointment scheduling form.

How to Opt-Out

If you no longer wish to receive messages, you can opt out at any time:

- Reply HELP to any message to get list of available commands.
- Reply STOP to any message to unsubscribe.

Privacy & Security

Your information is kept confidential and is only used for communication related to your healthcare services. Standard message and data rates may apply.

For more details, contact us at support@shermanabramslab.com

This Opt-In Policy is provided by Sherman Abrams Labs ("Sherman Abrams Labs") and is subject to change. By opting in to receive SMS communications, you acknowledge that you have read and agree to the terms outlined in this policy.